



SPA IN KRAKOW

Hotel Farmona Business Spa in Krakow is a true oasis of tranquility and relaxation in the center of the city. The place is a refuge from the noise and everyday problems, offering quietude, care for beautiful and healthy body as well as peaceful frame of mind.

Farmona Wellness & SPA is the ideal place for experiencing the foundation of Farmona Natural Cosmetics Laboratory's philosophy: symbiosis with nature and the belief that nature is an inexhaustible source of beauty, harmony and relaxation. The natural power of hundred-year-old trees in an old park surrounding the spa can be felt inside the spa, where you will feel as if you were in a real garden. Here your body, mind and soul will be looked after by Indonesian therapists who have graduated from the best massage and natural-therapy schools on the island of Bali. Escape to Poland, the country with its atmosphere of a constant celebration, its romantic sidewalk cafes, borderland medieval castles and Renaissance palaces.

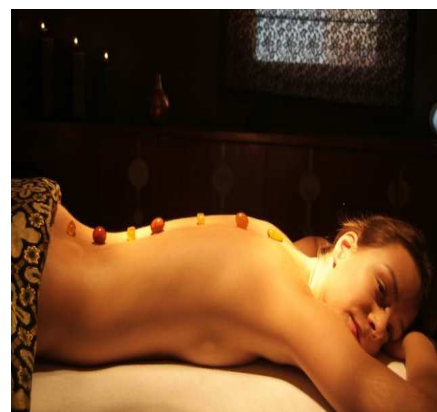
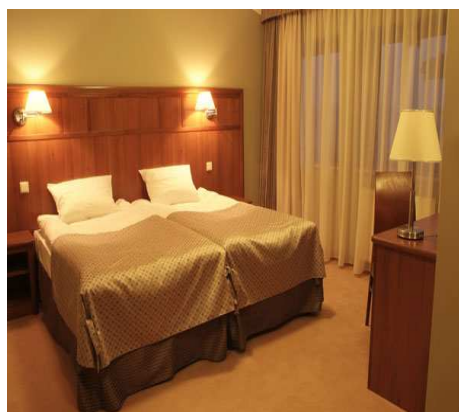


Discover Poland with us!

Supertour DMC Poland

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1st Day

- Arrival at Krakow airport; meeting with the guide, transfer to the 3* Farmona hotel check-in
- Welcome drink upon arrival
- Overnight

2nd Day

- Breakfast at the hotel
- After breakfast relaxation at Farmona Wellness & SPA where you will be able to experience the beneficial effects of sauna and steam bath treatments - classic Turkish hammam, exotic treatments based on traditional Asian recipes

Treatments to choose:

1. **First treatment:** massage (Bali massage or Thai massage or Amber massage) or face treatment
2. **Second treatment:** for hands or feet
 - **The Bali massage** - duration: 1 hour, body massage
 - **Thai yoga massage** – duration: 1 hour, body massage

- **The Touch of Amber** – duration: 1 hour, energising and oxygenating face treatment
- **Truffle and shampoo** – duration: 1 hour, regenerating, anti-wrinkle facial treatment
- **Dermacos** – duration: 1 hour, facial treatment strengthening and sealing up the blood vessels
- **Peach hands** – duration: 45 minutes, rejuvenating and nutritive treatment of hands and nails
- **Light Feet** – duration: 45 minutes, care and massage of feet
- Lunch at the hotel
- In the afternoon departure for a standard city tour of Krakow: the medieval Old Town, the Wawel Castle, Czartoryski Museum, Collegium Maius, and the Jewish Kazimierz District
- Dinner at a local restaurant
- Overnight

3rd Day

- Breakfast at the hotel
- Departure transfer to the airport



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